

35th ANNUAL
PATRIOT CROSS COUNTRY INVITATIONAL
CUYAHOGA COMMUNITY COLLEGE WEST
SATURDAY SEPTEMBER 23, 2023
COACHES' NOTES

HAVE RUNNERS PIN ASSIGNED RACE NUMBER
ON FRONT OF RACE SINGLET
and FILL OUT Name, TEAM, Gender
Race Schedule

8:30 am middle school boys race (all runners)

9:00 am middle school girls race (all runners)

9:45 am men's varsity race (TEAMS MAY RUN UP TO 9 RUNNERS)

10:30 am ladies' varsity race (TEAMS MAY RUN UP TO 9 RUNNERS)

11:45 am men's open race (all teams)

12:30 PM ladies' open race (ALL TEAMS) if the open race has a
Small number of runners, we might run ONE open race

Incomplete teams can run IN VARSITY RACEs

MEN'S VARSITY

LADIES' VARSITY

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MIDDLE SCHOOL BOYS

MIDDLE SCHOOL GIRLS

1. RIBBONS & MEDALS GIVEN AT END OF CHUTE

2. TEAM AWARDS PRESENTED AT THE CONCLUSION OF THE RACE

1. THANKS TO CCC WEST FOR HELPING US HOLD OUR MEET FOR THE 31st YEAR
2. NO CAMPS OR HANG-OUTS IN BUILDING (THERE ARE CLASSES ON SATURDAY)
3. PLEASE REMIND RUNNERS THAT BATHROOMS ARE IN TRI C CLOSE TO ENTRANCE DOORS TO THE NORTH OR SOUTH OF THE POND WALKWAY
4. NO SPIKES IN BUILDINGPLEASE!!!
5. TRY TO CLEAN UP CAMP AREA AFTER MEET
6. BUSES NEED TO PARK IN LOT B, ENTERING OFF OF PLEASANT VALLEY ROAD, YOU WILL NEED TO ENTER AFTER MAKING A LOOP AROUND MADE CIRCLE.
7. BUSES NEED TO BE PARKED IN THE FIRST 2-3 ROWS IN LOT B FROM THE ENTERANCE.

TRADITION MEET HISTORY

MEN'S CHAMPIONSHIPS : HOLY NAME 12, NORMANDY 9, PARMA 4, PADUA 4, VF 2

LADIES' CHAMPS : HOLY NAME 23, PARMA 2, GARFIELD HTS 1, NORMANDY 2,
PADUA 2, VF 1

MULTIPLE CHAMPS : S. LINDEN (NORMANDY), R. ELLIS (PARMA), D. SHARMA (VF), BRASSIE (PADUA),
T. LOSETTO (PARMA) (2 EACH). **GIRLS** : L. THOMAS (GARFIELD HTS) , A. DiNAPOLI (VF), S. KOVATCH
(VF) (3 EACH); B. TRELA (PARMA), S. ERSKINE (RHODES), L. BORSZ (HOLY NAME) (2 EACH)

COURSE RECORDS : VARIOUS COURSES, **ROCKY ELLIS (PARMA) = 16:21**,
SEDIAH ERSKINE (RHODES) = 19:26

TRI C TRIVIA

ALTHOUGH THIS IS THE 32st PATRIOT INVITATIONAL AT TRI-C WEST, THIS PROPERTY HAD
A PREVIOUS PURPOSE DURING THE TIME FROM THE 1940'S TO THE EARLY 1960'S. TRI-C WEST
CAMPUS BEGAN AS A COMMUNITY COLLEGE IN 1963 TAKING OVER THE BUILDINGS WHICH
HAD A DIFFERENT PURPOSE DURING THE PREVIOUS 20 YEARS...ASK OLD FOLKS FOR THE
ANSWER. THE MOUND TO THE WEST OF THE COURSE WAS A DUMP. CHECK THE WWII
REMEMBRANCE AREA NEAR MAIN CLASSROOM BUILDING & POND AND READ LEON BIBB'S
ESSAY ABOUT THOSE WHO WERE PART OF THE GREAT GENERATION.